

Advancing Whole-Child Health Through America's Healthiest Schools



Terry Atteberry,
Associate Director, Strategic Alliances
Alliance for a Healthier Generation





Alliance for a Healthier Generation

Impact Statement

Every mind, every body, every young person - healthy and ready to succeed

Our Work

We work with schools, youth-serving organizations, businesses, and communities across the nation to transform the places kids spend their time into healthier environments.

National Reach, Local Impact

- 31.2 million children reached
- 56,000+ schools and youth-serving organizations creating healthier environments in all 50 states and D.C.
- More than two-thirds (64%) of these schools and districts serve under-resourced communities (Title I recipients).
- 2,828+ schools recognized as America's Healthiest Schools
- 75% serving under-resourced communities
- 8.1 million families, 63% from Black, Indigenous, and People of Color (BIPOC) populations, reached with resources to support healthier home environments

By the end of this presentation, you will:

- ✓ understand what America's Healthiest School is and
 - Why it matters
 - What topics it consists of
 - Tools and resources for applying
 - Recent Missouri recognized schools
 - resources available to supplement the program
 - how to get started with the application
- ✓ have the opportunity for Q & A

What is America's Healthiest Schools?



Teachers & Staff



Students



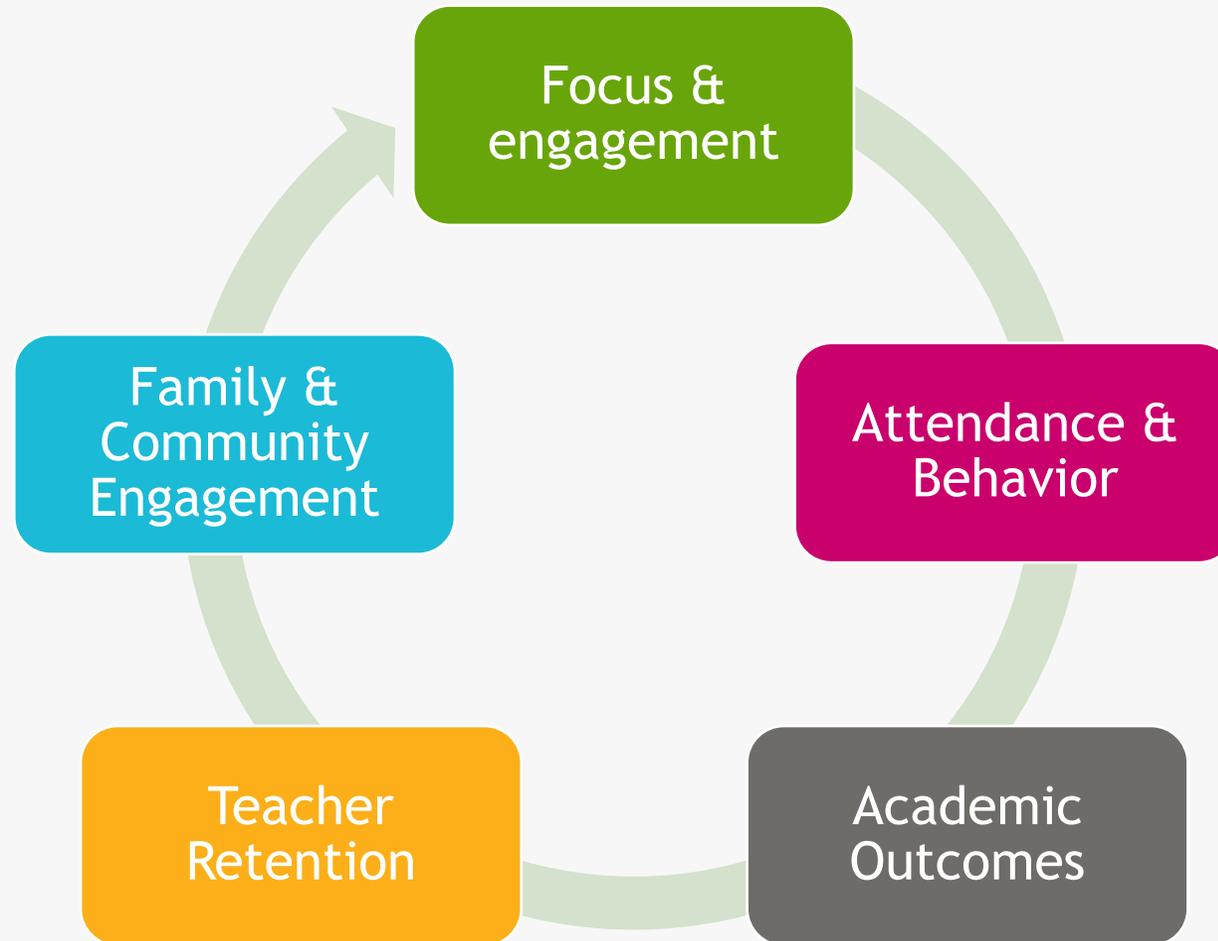
Families



Communities

America's Healthiest Schools is a movement to honor schools that are doing the extraordinary work to support whole child health and wellbeing in their school community. Since 2007, more than 3000 schools have been honored with the award.

Why does it matter?



**America's Healthiest Schools matters because it connects health, learning, equity, and sustainability
It inspires others!**

Which topic areas can a school be recognized for?



Increasing Family & Community Engagement



Cultivating Staff Well-Being



Improving Nutrition & Food Access



Implementing Local School Wellness Policy



Supporting School Health Services



Bolstering Physical Education & Activity

AMERICA'S HEALTHIEST SCHOOLS

Supporting School Health Services



Recognizes school teams that:

- Routinely conduct health screenings
- Address chronic health conditions
- Provide a pathway for students with health concerns to receive additional community-based support



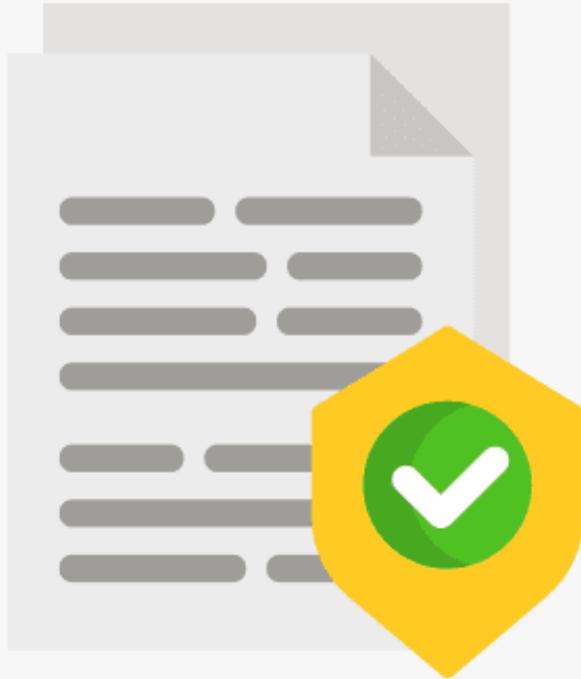
Learn more and apply at
healthiergeneration.org/award

Applications are due April 14, 2026

Call 888-543-4584 or e-mail awards@healthiergeneration.org

AMERICA'S HEALTHIEST SCHOOLS

Implementing Local School Wellness Policy



Recognizes school teams that:

- Implement the district's wellness policy with a diverse, coordination team
- Set measurable goals
- Reflect on progress, successes, and challenges



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AMERICA'S HEALTHIEST SCHOOLS

Improving Nutrition & Food Access

PRESENTED BY DEL MONTE FOODS

Recognizes school teams that:

- Maximize school meal participation
- Collaborate with teachers on nutrition education
- Partner with community organizations to increase food access for students



Learn more and apply at
healthiergeneration.org/award

Applications are due April 14, 2026

Call 888-543-4584 or e-mail awards@healthiergeneration.org

AMERICA'S HEALTHIEST SCHOOLS

Bolstering Physical Education & Activity



Recognizes school teams that:

- Provide physical education to all grades
- Use an evidence-based P.E. curriculum
- Integrate movement throughout the school day
- Ensure inclusion in physical activity



Learn more and apply at
healthiergeneration.org/award

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AMERICA'S HEALTHIEST SCHOOLS

Cultivating Staff Well-Being

PRESENTED BY KAISER PERMANENTE



Recognizes school teams that:

- Provide resources to support breaks for all staff during the instructional day
- Promote relationship-building with staff
- Foster a culture of gratitude



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AMERICA'S HEALTHIEST SCHOOLS

Increasing Family & Community Engagement

PRESENTED BY KOHL'S



Recognizes school teams that:

- Gather input from the community
- Provide parents and caregivers resources to support student successes
- Connect families to resources related to social drivers of health



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Time to Move!



What topic(s) can your school target for 2026?
2026/2027?

America's Healthiest Schools 2025 Missouri



Benton Elementary, Neosho

Oak Hill Elementary, SLPS

Price Elementary, Republic

Adams Elementary, SLPS

Ames VPA Elementary, SLPS

Betty Wheeler, SLPS

Busch MS, SLSP

Central VPA HS, SLPS

Gateway Michael, SLPS

Gateway MS&T, SLPS

Gateway MS, SLPS

George Washington Carver Academy, SLPS

Hamilton Elementary, SLPS

Herzog Academy, SLPS

Hickey Elementary, SLSP

Humboldt Academy, SLPS

Lexington Elementary, SLSP

Mallinckrodt Academy of Gifted, SLPS

Mason School of Academic & Cultural Literacy, SLPS

McKinley Classical HS, SLPS

McKinley Classical MS, SLPS

Meramec Elementary, SLPS

Mullanphy-Botanical Garden ILC, SLPS

Nottingham Cajt HS, SLPS

Patrick Henry Downtown Academy, SLPS

Shaw Visual & Perform Arts, SLPS

Stix Early Childhood, SLPS

Washington Montessori Elementary, SLPS

Wilkinson ECC, SLPS

Woerner Elementary, SLPS

Woodward Elementary, SLPS





Proud to be one of
**AMERICA'S
HEALTHIEST
SCHOOLS**



Learn more and apply at
healthiergeneration.org/award

America's Healthiest Schools 2026 Award Application

- Healthier Generation's annual list of America's Healthiest Schools recognizes schools for advancing the health of the entire learning community.
- Any U.S. K-12 school is eligible to apply for recognition in up to nine topic areas.
- Awardees will receive a promotional package to share their accomplishments with the community.
- **Applications are due BY April 14, 2026**, to verify the implementation of evidence-based practices during the 2025-2026 school year.

America's Healthiest Schools Readiness Tool

A healthier school starts here!

America's Healthiest Schools is a prestigious, annual recognition program that celebrates schools for implementing best practices to support students, staff, and families' physical, mental, and social-emotional health needs.

The 29 evidence-informed questions help you know which topics to include in your school's award application. School teams may apply for recognition in up to nine topic areas. The award application will be available in the Action Center.

For more information, [download the Award Guide](#).

[View assessment](#)

Quick Links

- [Go to Action Plan](#)
- [Download Guide](#)
- [Explore Glossary](#)
- [View Report](#)

Assessment Questions Grouped by Topic

Supporting School Health Services

Implementing Local School Wellness Policy

[Video Tour of the America's Healthiest Schools Readiness Tool](#)

2024 America's Healthiest Schools Award Application

 This application is not yet submitted. Please submit by 11:59 p.m. PT on April 16, 2024

INTRODUCTION

2024 Award Application Instructions

SCHOOL INFORMATION

School Information

Websites

CONTACT INFORMATION

Primary Contact

[Video Tour of Award Application](#)



AMERICA'S HEALTHIEST SCHOOLS

How to Apply

1

Decide which topic area(s) to apply for using the [America's Healthiest Schools Readiness Tool](#).

2

Gather the required documentation with your school team using the [Award Guide](#).

3

Submit your school's award application in the [Action Center](#) by April 14, 2026.

Get support from Healthier Generation staff.
(888) 543-4584 | awards@healthiergeneration.org

Questions?

